

**MONTGOMERY YMCA  
GENERAL RELEASE, WAIVER AND PARTICIPATION AGREEMENT**

Adult Member's Name: \_\_\_\_\_ Phone Number: \_\_\_\_\_  
Adult Spouse's Name: \_\_\_\_\_ Child: \_\_\_\_\_  
Child: \_\_\_\_\_ Child: \_\_\_\_\_ Child: \_\_\_\_\_  
Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_  
Emergency Contact: \_\_\_\_\_ Relationship: \_\_\_\_\_ Phone: \_\_\_\_\_  
Emergency Contact: \_\_\_\_\_ Relationship: \_\_\_\_\_ Phone: \_\_\_\_\_

In consideration for myself and my minor children being permitted to utilize the facilities, services and programs of The Young Men's Christian Association of Montgomery, Inc. ("YMCA"), I, on behalf of myself, on behalf of my minor children (as their parent and guardian), and on behalf of my heirs, personal representatives, legal successors and next-of-kin, do hereby agree to the following:

1. I HEREBY RELEASE, WAIVE, DISCHARGE AND COVENANT NOT TO SUE the YMCA, its successors and assigns, and its directors, officers, employees, and agents (collectively, the "Releasees") from any and all claims, demands, damages, actions, causes of actions, or suits of whatever kind or nature arising or resulting from any and all loss or damage to property or injury or death to person, whether caused by the negligence of Releasees or otherwise, while I or my minor children are in, upon, or about the premises of the YMCA or using any of its facilities, services or equipment, or participating in any program or activity offered by or affiliated with the YMCA.
2. I HEREBY AGREE TO INDEMNIFY AND HOLD HARMLESS the Releasees and each of them from any and all loss, liability, damage, or cost they may incur, whether caused by the negligence of the Releasees or otherwise, due to my or my minor children's presence in, upon, or about the premises of the YMCA or use of its facilities, services or equipment, or participation in any program or activity offered by or affiliated with the YMCA.
3. I HEREBY EXPRESSLY ASSUME FULL RESPONSIBILITY FOR AND RISK OF LOSS OR DAMAGE TO PROPERTY OR INJURY OR DEATH TO PERSON, whether caused by the negligence of Releasees or otherwise, while I or my minor children are in, upon, or about the premises of the YMCA or using any of its facilities, services or equipment, or participating in any program or activity offered by or affiliated with the YMCA.

In the event of injury, I hereby authorize the Releasees to provide or cause to provide such medical care and treatment to myself or to any one of my minor children as may be necessary and appropriate. I understand that I am solely responsible for all costs incurred for such medical care or treatment. I further understand that if I or my minor children fail to abide by the rules and regulations of the YMCA, I or my children are subject to removal from the premises of the YMCA and/or removal from participation in YMCA programs and activities without a refund of dues, fees or other amounts paid to the YMCA. I hereby give my permission to the YMCA to use indefinitely, without limitation or obligation, photographs, film footage, or tape recordings which may include my or one of my minor children's image or voice for the purpose of promoting or interpreting YMCA programs and activities.

**I HAVE READ AND VOLUNTARILY SIGN THIS FORM AND AGREE, ON BEHALF OF MYSELF AND ON BEHALF OF MY MINOR CHILDREN, TO ALL OF ITS TERMS.**

Adult Member's Signature: \_\_\_\_\_ Date: \_\_\_\_\_  
Adult Spouse's Signature: \_\_\_\_\_ Date: \_\_\_\_\_